



# PalliativeCare

## VICTORIA

Living, dying & grieving well

# Palliative Care Volunteer Resource Training Kit 2<sup>nd</sup> Edition, 2012

The *Palliative Care Volunteer Training Resource Kit (2012)* is designed to assist those who induct and educate palliative care volunteers. The second edition of this resource was informed by the independent evaluation of the first edition conducted in 2010, the insight gained by its author Sue Salau from her Churchill Fellowship in 2011 examining international models of palliative care volunteerism, and the input from numerous experts and practitioners, including a project advisory group.

Developed by Palliative Care Victoria with the support of the Helen Macpherson Smith Trust, this kit contains a 'how to' section for facilitators and nine modules each containing their own core competencies and sample session plans. Each session plan is accompanied by supporting presentation slides, facilitator information, learners' guide, suggested equipment and resources for delivery and key references.

Module 1: Introduction to Palliative Care	(3 hours)
Module 2: Palliative Care Volunteer's Role	(3 hours)
Module 3: Communication	(3 hours)
Module 4: Spirituality	(3 hours)
Module 5: Diversity	(3 hours)
Module 6: Responding to Loss and Grief	(3 hours)
Module 7: Illnesses and Care	(3 hours)
Module 8: Dying and Death	(2½ hours)
Module 9: Self Care of the Volunteer	(2½ hours)

### *The Palliative Care Volunteer Training Resource Kit:*

- Enables formal core training to be delivered utilising a competency based framework which meets the current Volunteering Australia Standards, the Victorian Palliative Care Volunteer Standards and the Australian Palliative Care Standards
- Promotes consistent palliative care volunteer induction training to a quality benchmark
- Allows for sharing of training within/across regions
- Allows organisations to include their own relevant policies and processes into the training program
- Can be used and adapted by organisations such as: community and residential aged care services, ethnic communities, volunteer visitor schemes and hospitals- anywhere where palliative approach education would be of benefit.

*We gratefully acknowledge the grant received for this project from the Helen Macpherson Smith Trust.*



## VOLUNTEER CONTINUING EDUCATION MODULE

### Building Community Resilience around Death and Loss

This is the first of the *Palliative Care Volunteer Continuing Education Modules*. These modules are designed to encourage continual palliative care volunteer education and build on Palliative Care Victoria's induction training resource – the *Palliative Care Volunteer Training Resource Kit (2012)*.

Funded by the Helen Macpherson Smith Trust this *Building Community Resilience around Death and Loss* module aims to assist volunteers to understand how they can participate in building community resilience around death, dying, loss, and grief within their local community networks and through their palliative care services.

'Death, dying and loss like the matter of good health and maintenance, is everyone's responsibility - not simply the role of healthcare professionals and services that employ them'.

*Kellehear & Young, 2005*

This module was developed by Sue Salau, Manager of Volunteer Strategy, Palliative Care Victoria with expert advice from Deborah Morris, Health Promotion Officer, La Trobe University Palliative Care Unit. This module is the first of its kind in encouraging the palliative care volunteer role in de-stigmatizing death and loss and strengthening community resilience around dying, death, loss and bereavement.

This Module, provided on CD, comprises a *Facilitators' Guide* which includes: core competencies, sample session plans, supporting presentation slides, suggested equipment and resources for delivery and key references. A separate *Learners' Guide*, designed as a booklet for each participant, can also augment facilitator materials.

This module can be delivered in two and a half hours or over two sessions, if time is limited.

To purchase the Resource Kit or the Continuing Education Module, please complete the following order form and send it with your payment to Palliative Care Victoria.