This publication is an engaging information resource about palliative care, developed to raise awareness and create understanding about palliative care services.

It is an easy-to-read booklet that gives an overview of palliative care and how it helps people with life-limiting illness and their families.

It is suitable for people who have no prior understanding or experience of palliative care and includes stories of people receiving palliative care.

“Palliative care is for the living. They helped us get our lives back on track.”

*2018 Edition